

# 7:14 Challenge

Let's pray together this Lent and Easter.

Lent is a season of forty days, not counting Sundays, which begins on Ash Wednesday and ends on Holy Saturday. The forty days represents the time Jesus spent in the wilderness, enduring the temptation of Satan and preparing to begin his ministry.

Lent is a time of repentance, fasting, and preparation for the coming of Easter. It is a time of self-examination and reflection. In the early church, Lent began as a period of fasting and preparation for baptism by new converts and then became a time of penance by all Christians. Today, Christians focus on relationship with God, growing as disciples, and extending ourselves, often choosing to give up something or to volunteer and give ourselves for others.

2 Chronicles 7:14 says:

***"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."***

As part of our spiritual journey through the season of Lent, and as a church family, Trinity will live this verse out together. Here's how...

Beginning on Ash Wednesday, for the next 40 days, we will stop whatever we are doing and take at least one minute every day to pray at 7:14am and 7:14pm. We all have many things on our hearts - our families, our church, our community, our nation, the world, and our own journey with God. These things are so important, we can't afford to ignore them.

So here is the challenge...

We will seek God.  
Every day.  
At the same time.  
Together.

Throughout the Scriptures, there is example after example of how God is ready and willing to move in the lives of His people when they turn toward Him. Let's turn our hearts and our minds toward him every morning and every evening and see what He is ready to do!

Are you up for the challenge?